

Tried. Tested. True.

Your Vaccine Checklist



Vaccines work – it's that simple. Vaccines are a safe, proven and effective way to protect yourself and your loved ones from serious diseases. Whether it's during flu and COVID-19 season or for your long-term health, getting vaccinated is the best way to protect yourself and your loved ones – and ensure you can be a part of all the fun!

Vaccine	19-26 Years	27-49 Years	50-64 Years	65+ Years
<input type="checkbox"/> COVID-19	At least 1 dose of the current COVID-19 vaccine			
<input type="checkbox"/> Influenza/Flu	Every year			
<input type="checkbox"/> RSV	If pregnant during RSV season		If over the age of 60	
<input type="checkbox"/> Tdap/Td	Every pregnancy and every ten years for all adults			
<input type="checkbox"/> MMR	If aged 66 years or younger			
<input type="checkbox"/> Chickenpox	If U.S. born and younger than 44			
<input type="checkbox"/> Shingles	Some adults 19-64		All adults 50-65+	
<input type="checkbox"/> HPV	All adults 19-26, 27-45 ask doctor			
<input type="checkbox"/> Pneumococcal	Some adults 19-65			All adults 65+
<input type="checkbox"/> Hepatitis A	Some adults 19-65+			
<input type="checkbox"/> Hepatitis B	All adults through 59 years			Some adults 65+
<input type="checkbox"/> Meningococcal	Some adults 19-65+			
<input type="checkbox"/> Hib	Some adults 19-65+			
<input type="checkbox"/> Mpox	Some adults 19-65+			



Some adults should get the vaccine -- consult your doctor.



All adults should get the vaccine.